

This activities will not only help your child to develop in all areas of development but give them quality time with you

Bottle Play

Supplies: Water bottles, glitter, sand, scissors.

1. While your child is on his belly, roll a bottle filled with water and glitter back and forth in front of him.
 - a) Continue to roll the bottle slowly and then quickly.
 - b) Observe how your child tracks it with his eyes and head.
 - c) Roll it near your child so that he can reach out and touch it.
2. Set out 2-3 clear bottles filled with water and different colors of glitter.
 - b) Observe which bottle your child grabs first and which he plays with the longest. Let him explore.
3. Set out 2-3 clear bottles filled with water, different colors of glitter and sand. You can add an object too.
 - c) Ask your child to find the object in the bottle. Encourage him to shake it. As he plays, narrate what happens to the sand as it moves back to the bottom.

With his activity you will help your child develops an understanding of cause & effect as well as develop persistence and attention.

Dragonfly Cup

Supplies: Craft sticks (you can decorate them like dragonflies) and a Cup

1. Put a craft stick (or dragonfly) in a cup and place it near your child.
 - a) Observe if he reaches for the cup or the stick.
2. Put craft sticks all over the floor. Show your child how to pick up a stick and put it in a cup.
 - b) Encourage your child to crawl around the room, gather sticks and put them in the cup.
3. Hide craft sticks around the room and place some on chairs or shelves.
 - c) Encourage him to gather the sticks and explore changing from standing to squatting and reaching up or down.

With his activity you can help your child to travel and move more easily and develop persistence and attention.